

Course VII-2, 2017

Basic statistical tests

Hypothesis testing

Aya Goto

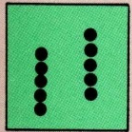
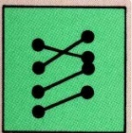
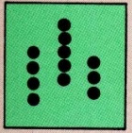
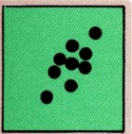
Center for Integrated Science and Humanities
Fukushima Medical University



What you can learn in this session

- ❖ Choosing an appropriate test
- ❖ Ways of tabulation
- ❖ Analyzing using OpenEpi
- ❖ Understanding hypothesis testing
- ❖ Interpreting results from descriptive analysis

Basic statistical tests

| Data type | Parametric | Non-parametric | | | | | | | | | |
|---|-----------------------|---------------------------|-----|-----|--|--|-----|--|--|--|--|
| Contingency table <table border="1" data-bbox="546 336 880 541"> <tr> <td></td> <td>E +</td> <td>E -</td> </tr> <tr> <td>D +</td> <td></td> <td></td> </tr> <tr> <td>D -</td> <td></td> <td></td> </tr> </table> | | E + | E - | D + | | | D - | | | | Large sample Chi-square test Small sample Fisher's exact test |
| | E + | E - | | | | | | | | | |
| D + | | | | | | | | | | | |
| D - | | | | | | | | | | | |
| Comparison of means | | | | | | | | | | | |
| (2 groups, independent)  | T-test | Mann-Whitney U test | | | | | | | | | |
| (2 groups, paired)  | Paired t-test | Wilcoxon signed rank test | | | | | | | | | |
| (≥ 3 groups, independent)  | ANOVA | Kruskal-Wallis test | | | | | | | | | |
| Association of two continuous variables  | | | | | | | | | | | |
| (Correlation) | Pearson's correlation | Spearman's correlation | | | | | | | | | |
| (Regression) | Linear regression | Median regression | | | | | | | | | |

❖ Analysis of contingency table

Relationship of residential region and hypertension

| | City A | City B |
|-------------|--------|--------|
| HP positive | 20 | 80 |
| HP negative | 40 | 60 |

❖ Comparison of means

Relationship of residential region and blood pressure

| | City A | City B |
|---------------|--------|--------|
| max BP (mean) | 160 | 140 |

❖ Paired

Before-after study

Matched case-control

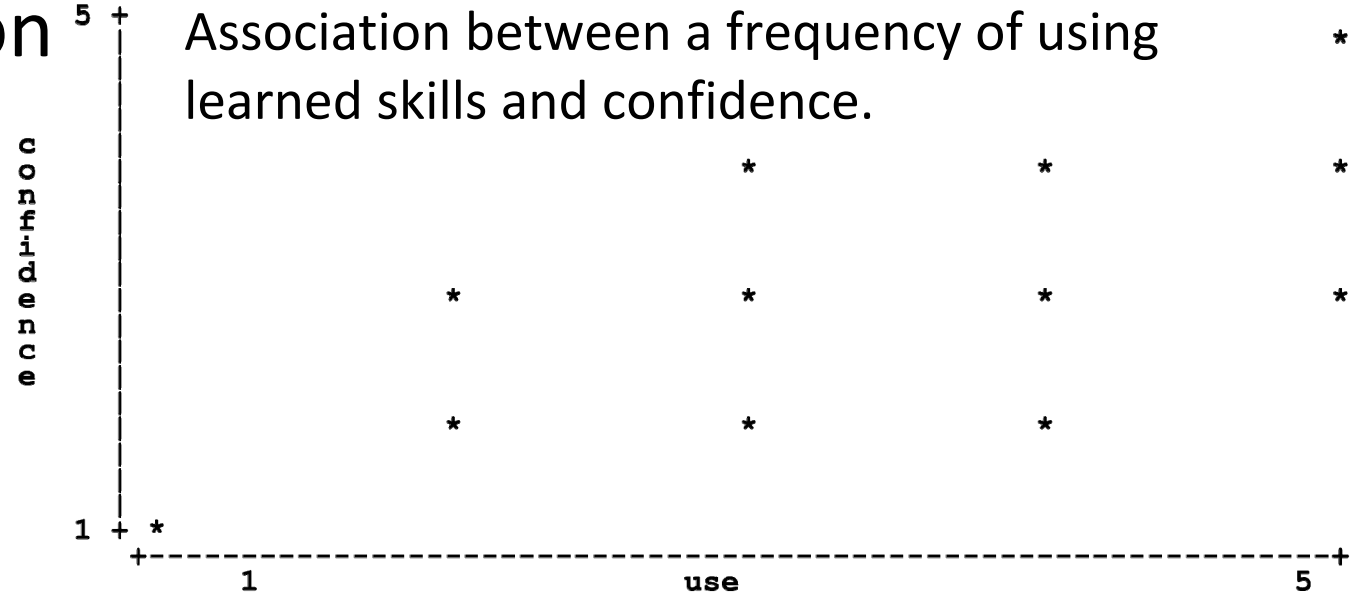
| | Before treatment N=100 | After treatment N=100 |
|---------------|---------------------------|--------------------------|
| max BP (mean) | 160 | 140 |

❖ Un-paired (independent)

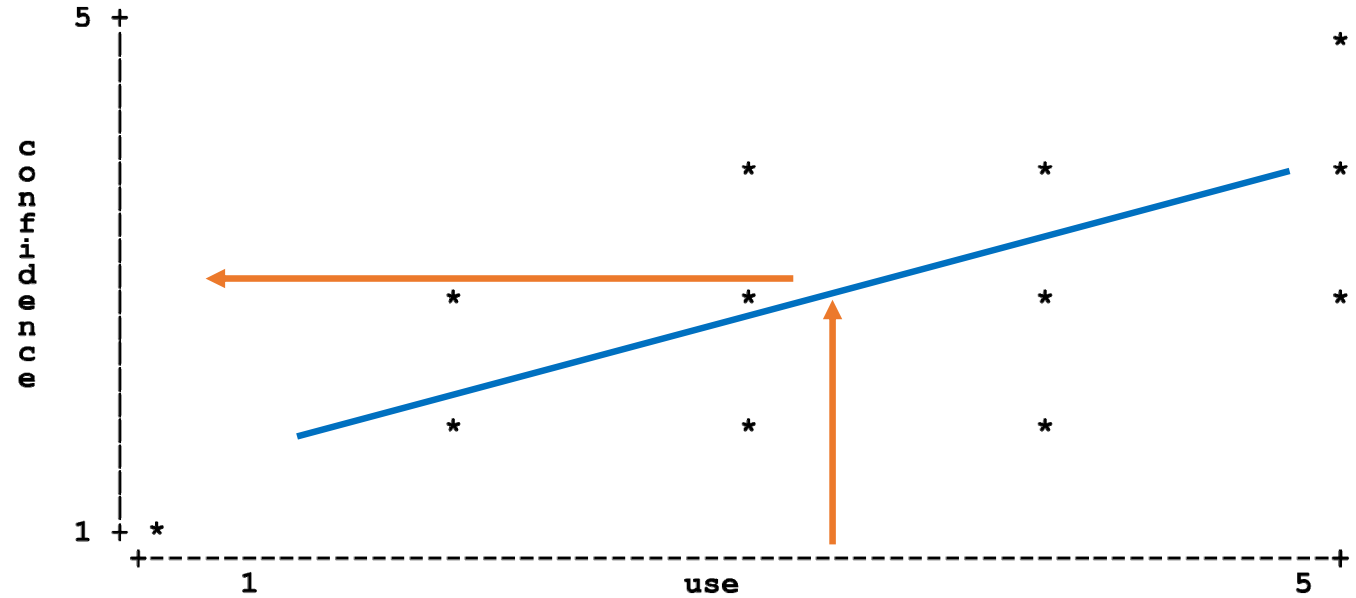
| | Placebo N=100 | Drug A N=100 |
|---------------|------------------|-----------------|
| max BP (mean) | 160 | 140 |

❖ Correlation

Association between a frequency of using learned skills and confidence.



❖ Regression



❖ Parametric

Data type: Continuous

Sample size: Large

Distribution (graph): Bell shape

❖ Non-parametric

Data type: Categorical

Sample size: Small (<30)

Distribution (graph): With outliers

| Group A | Group B |
|---------|---------|
| 120 | 105 |
| 80 | 130 |
| 90 | 145 |
| 110 | 125 |
| 95 | 115 |
| Mean | Mean |

Mean ↔ Mean

t-test

PARA

| Group A | Group B | A-B |
|---------|---------|------|
| 120 | 105 | 15 |
| 80 | 130 | -50 |
| 90 | 145 | -55 |
| 110 | 125 | -15 |
| 95 | 115 | -20 |
| | 0 | Mean |

Paired t-test

Independent

| Group A | Group B | Rank A | Rank B |
|---------|---------|--------|--------|
| 120 | 105 | 7 | 4 |
| 80 | 130 | 1 | 9 |
| 90 | 145 | 2 | 10 |
| 110 | 125 | 5 | 8 |
| 95 | 115 | 3 | 6 |

U-test

NON-PARA

| Group A | Group B | A-B | Rank A-B |
|---------|---------|-----|----------|
| 120 | 105 | 15 | 1 |
| 80 | 130 | -50 | -4 |
| 90 | 145 | -55 | -5 |
| 110 | 125 | -15 | -2 |
| 95 | 115 | -20 | -3 |

Signed rank-sum test

Paired

Tabulation

10 year follow-up study of health behavior and mortality

tabulate sm outcome, row chi

| sm | outcome | | Total |
|----------------|--------------|--------------|---------------|
| | alive | dead | |
| current smoker | 61 41.78 | 85 58.22 | 146 100.00 |
| ex-smoker | 74 52.48 | 67 47.52 | 141 100.00 |
| non smoker | 268 66.34 | 136 33.66 | 404 100.00 |
| Total | 403 58.32 | 288 41.68 | 691 100.00 |

Pearson chi2 (2) = 29.0882 Pr = 0.000

Mortality is significantly different among three groups.

You **can not** say:

Mortality is significantly higher for current smoker.



| Contraceptive Methods | STD + | STD - |
|-----------------------|-------|-------|
|-----------------------|-------|-------|

Condom

OC

IUD

.

.

.

| dep | conf | | Total |
|--------------|-----------|----------|-----------|
| | 0 | 1 | |
| 0 | 9 | 2 | 11 |
| 1 | 2 | 2 | 4 |
| 2 | 0 | 3 | 3 |
| Total | 11 | 7 | 18 |

Maternal confidence and Two-item depression score (0-2; ≥ 1 = depression tendency)

Simplifying a big table

Categorical data

1. Descriptive analysis only
2. Re-categorize into major categories
3. Re-categorize into one item of interest and others

Continuous data

1. Descriptive analysis only
2. Re-categorize into two by using
 - 1) a standard cut-off value
 - 2) mean or median or quantile value

Quick analysis using OpenEpi

OpenEpi

<http://www.openepi.com>

Useful when...

1. You want to calculate 95%CI of a proportion.
2. You have a filled contingency table and want to perform a statistical test.
3. You know mean (SD) of your data and want to perform a statistical test.
4. You want to calculate a sample size.



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 - Cohort/RCT
 - Mean Difference
- Power
- Random numbers

OpenEpi Open Source Epidemiology

Now in English, French, Spanish, Italian, and

Version 3.03a Updated 2015/05/04 *Try it in a S*



OpenEpi provides stratified studies, stratified analysis, sample and other evaluation and other useful sites

OpenEpi is free from a web server required. The program works with recent Linux and seeing this, you can use the browsers of

Test results are always a good idea. Links to hundreds of manual at [Info]

The programs have

translated. Some of the components from other sources have

Proportion

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Conf. level=95%

Calculate

| Simple Proportion | | | |
|---------------------|-------------|-----|---------------------------|
| Sample | Numerator | 10 | |
| | Denominator | 100 | |
| Multiply results by | 100 | | eg, 100 for % |
| Population size | 1000000 | | if large,leave as 1000000 |
| Compare to % | 50.0 | | for optional statistics |



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95% Confidence Limits for Proportion 10/100

Multiplier=100

Large population size or sample with replacement.

| | Lower CL | Per 100 | Upper CL |
|-------------------------------|----------|---------|----------|
| Proportion as Percent | | 10 | |
| Mid-P Exact | 5.193 | | 17.1 |
| Fisher Exact(Clopper-Pearson) | 4.9 | | 17.62 |
| Wald (Normal Approx.) | 4.12 | | 15.88 |
| Modified Wald(Agresti-Coull) | 5.349 | | 17.61 |
| Score(Wilson)* | 5.523 | | 17.44 |
| Score with Continuity | | | |
| Correction (Fleiss Quadratic) | 5.163 | | 18.04 |

*LookFirst items: Editor's choice of items to examine first.

One-Sample Test for Binomial Proportion, Normal-Theory Method

Does proportion 0.1 differ from 0.5?

z-value = -8

Two-sided p-value=<0.0000001

Results from OpenEpi, Version 3, open source calculator--Proportion

Print from the browser with ctrl-P

or select text to copy and paste to other programs.

Two by Two

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Start Enter Results Examples Help

Clear [Settings](#) Conf. level=95% Calculate

Add Stratum Stratum 1 ▼ Delete Stratum

Open Epi 2 x 2 Table

| | | Disease | | Totals |
|----------|-----|---------|-----|--------|
| | | (+) | (-) | |
| Exposure | (+) | 10 | 20 | 30 |
| | (-) | 20 | 30 | 50 |
| Totals | | 30 | 50 | 80 |

2 x 2 Table Statistics

Single Table Analysis

| | | Disease | |
|----------|-----|---------|------|
| | | (+) | (-) |
| Exposure | (+) | 10 | 2030 |
| | (-) | 20 | 3050 |
| | | 30 | 5080 |

Chi Square and Exact Measures of Association

| Test | Value | p-value(1-tail) | p-value(2-tail) |
|----------------------------|--------|-----------------|-----------------|
| Uncorrected chi square | 0.3556 | 0.2755 | 0.5510 |
| Yates corrected chi square | 0.128 | 0.3603 | 0.7205 |
| Mantel-Haenszel chi square | 0.3511 | 0.2767 | 0.5535 |
| Fisher exact | | 0.3621(P) | 0.7243 |
| Mid-P exact | | 0.2823(P) | 0.5647 |



T test

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Clear Calculate

Two-Sample Independent t Test

| Confidence Interval (%) {two-sided} | | 95 | <i>Enter a value between 0 and 100, usually 95%</i> | | |
|-------------------------------------|-------------|------|---|------|------------|
| | Sample Size | Mean | Std. Dev. | (or) | Std. Error |
| Group 1 | 50 | 10 | 2 | | |
| Group 2 | 50 | 20 | 3 | | |

Two-Sample Independent t Test

Input Data

Two-sided confidence interval 95%

| | Sample size | Mean | Std. Dev. | Std. Error |
|---------|-------------|------|-----------|------------|
| Group-1 | 50 | 10 | 2 | |
| Group-2 | 50 | 12 | 3 | |

| <u>Result</u> | t statistics | df | p-value ¹ | Mean |
|------------------|----------------|------|----------------------|------|
| Equal variance | -3.92232 | 98 | 0.0001628 | |
| Unequal variance | -3.92232 | 85 | 0.0001772 | |

If this p value is 0.05 or higher, select the equal variance p value. If under 0.05, select the unequal variance p value.

| | F statistics | $df(\text{numerator,denominator})$ | p-value ¹ |
|--|----------------|------------------------------------|----------------------|
| Test for equality of variance ² | 2.25 | 49,49 | 0.005325 |

¹ p-value (two-tailed)

² Hartley's f test for equality of variance

Sample size: Cohort/RCT (Comparing %)

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 - Cohort/RCT**

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| Clear | | Calculate | | |
| Sample Size: X-Sectional, Cohort, & Randomized Clinical Trials | | | | |
| Two-sided confidence level(%) | 95 | (1-alpha) usually 95% | | |
| Power (1-beta or % chance of detecting) | 80 | Usually 80% | | |
| Ratio of Unexposed to Exposed in sample | 1.0 | For equal samples, use 1.0 | | |
| Percent of Unexposed with Outcome | 5 | Between 0.0 and 99.9 | | |
| Please fill in 1 of the following. The others will be calculated. | | | | |
| Odds ratio | | | | |
| Percent of Exposed with Outcome | 10 | between 0.0 and 99.9 | | |
| Risk/Prevalence Ratio | | | | |
| Risk/Prevalence difference | | Between -99.99 and 99.99 | | |

Sample Size: X-Sectional, Cohort, & Randomized Clinical Trials

| | |
|--|-----|
| Two-sided significance level(1-alpha): | 95 |
| Power(1-beta, % chance of detecting): | 80 |
| Ratio of sample size, Unexposed/Exposed: | 1 |
| Percent of Unexposed with Outcome: | 5 |
| Percent of Exposed with Outcome: | 10 |
| Odds Ratio: | 2.1 |
| Risk/Prevalence Ratio: | 2 |
| Risk/Prevalence difference: | 5 |

| | Kelsey | Fleiss | Fleiss with CC |
|------------------------|---------------|---------------|-----------------------|
| Sample Size - Exposed | 437 | 436 | 475 |
| Sample Size-Nonexposed | 437 | 436 | 475 |
| Total sample size: | 874 | 872 | 950 |

Sample size: Mean Difference

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Sample Size For Comparing Two Means

| | | | |
|---|----------------|---|--|
| Confidence Interval % (two-sided) | 95 | <i>Enter a value between 0 and 100, usually 95%</i> | |
| Power | 80 | <i>Enter a value between 0 and 100, usually 80%</i> | |
| Ratio of sample size (Group 2/Group 1) | 1 | | |
| | Group 1 | Group 2 | Enter means OR difference on next line |
| Mean | 10 | and | 12 |
| Std. Dev. | 3 | | 4 |
| Variance | | | |

or Difference

Enter Std. Deviation OR Variance of each group

[Start](#)[Enter](#)[Results](#)[Examples](#)[Help](#)

Sample Size For Comparing Two Means

Input Data

Confidence Interval (2-sided) 95%
Power 80%
Ratio of sample size (Group 2/Group 1) 1

| | Group 1 | Group 2 | Difference* |
|--------------------|---------|---------|-------------|
| Mean | 10 | 12 | -2 |
| Standard deviation | 3 | 4 | |
| Variance | 9 | 16 | |

| | |
|------------------------|-----|
| Sample size of Group 1 | 50 |
| Sample size of Group 2 | 50 |
| Total sample size | 100 |



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Exercise data

| | <i>Mean (SD) or N(%)</i> | | p-value* |
|-------------------------|--------------------------|-----------------|----------|
| | City A N=200 | City B N=200 | |
| Systolic blood pressure | 123 (20) | 120 (25) | |
| Hypertension | | | |
| Yes | 20 (10%) | 12 (6%) | |
| No | 180 (90%) | 188 (94%) | |

* T-test or Chi-square test was used.



Assignments

1. Calculate 95% confidence interval of a prevalence of hypertension in each city. **“Proportion”**
2. Select and perform an appropriate statistical test for each item (BP and HT). **“Two by Two” or “t test”**
3. The sample data is from a pilot test. Calculate a sample size for the main survey. **“Cohort/RCT” or “Mean Difference”**
4. Try ADVANCE exercise

Hypothesis testing

Is new Drug A more effective than Drug B?

→ Is there a difference in the effect of Drug A and Drug B?

→ **P**robability that **the null hypothesis** (effect of A = effect of B) is true

You check the difference by **rejecting ($p < 0.05$)**
the hypothesis that two are the same.

NOTE. Even if p value is higher than 0.05, it does not mean that the null hypothesis is true. P is just a probability.

❖ Simple understanding



You don't want to make a mistake by saying that the new drug is effective when it is not.

You want to make the probability of the mistake to be small.

Low p value means less chance of making the mistake and you are more confident that there is a real difference.

| | Truth - Different | Truth - Same |
|-----------------------------|---|---|
| Survey result Different |  | P value |
| Survey result Not different | |  |

❖ ADVANCED statistical understanding

| | Truth Null hypothesis is NOT true | Truth Null hypothesis is true |
|-----------------------------------|---|---|
| Reject the null hypothesis |  Power | Type I error False positive Alpha P value |
| NOT reject the null hypothesis | Type II error False negative Beta |  |

IAEA - Hiroshima University Consultancy Meeting
Science, Technology and Society Perspectives on Nuclear Science,
Radiation and Human Health – The International Perspective

Health literacy promotion in Fukushima after the nuclear accident:

A case of responding to health care professionals' needs
through the development of a health literacy toolkit

Aya Goto

Center for Integrated Science and Humanities
Fukushima Medical University



Fukushima nuclear accident

Fukushima City

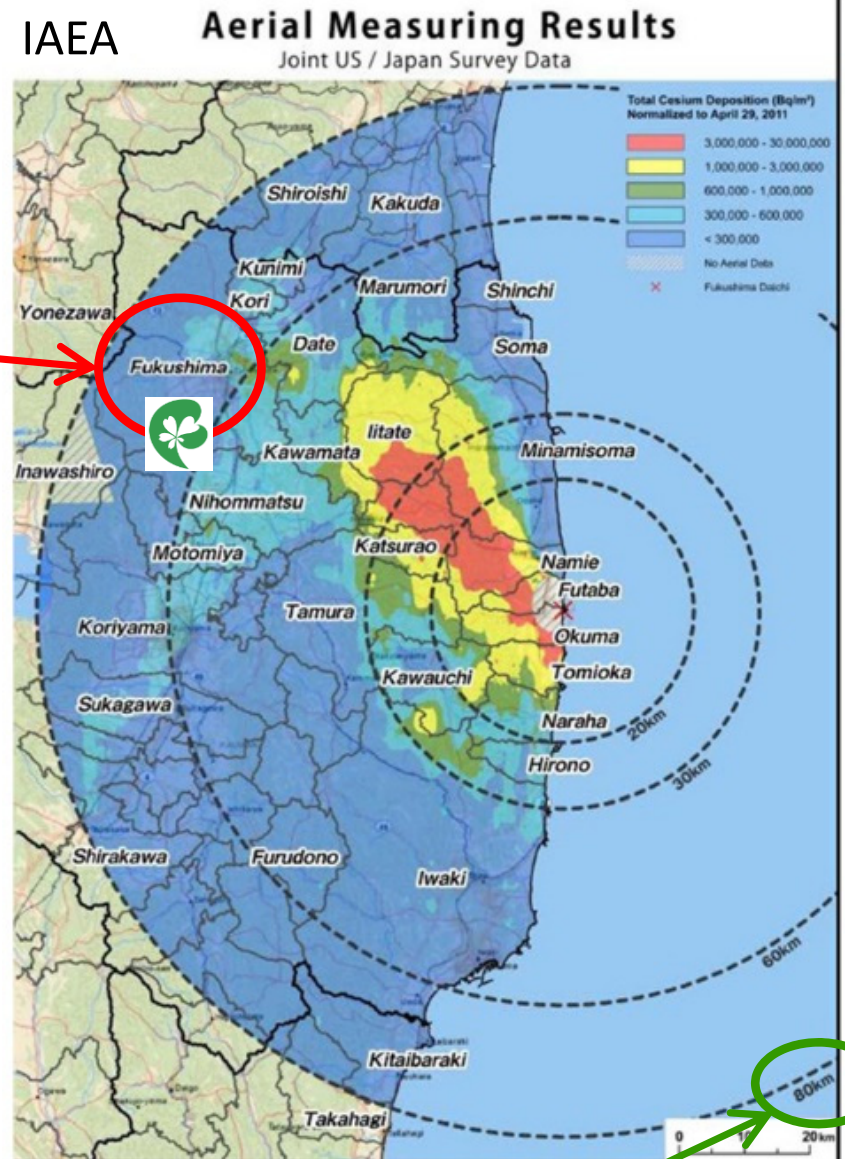
15% decline in
under 5-yo pop.
in 2 years



Depression and decline in
maternal confidence among
Fukushima mothers

BMC Psychiatry. 2015; 15: 59.

J Commun Healthc. 2014; 7: 106-116.



50 miles: US Recommended Evacuation Zone

Fear of unknown health effects of radiation contamination due to confusing and often contradicting health risk messages with difficult scientific data

Picture: Leaflets about radiation placed in the lobby of a health center in Fukushima City.



Community health workers

Government



Fukushima Nuclear Accident Independent Investigation Commission

“Information for residents to make informed decisions”

How do we respond to parents' concerns ?



Public health nurses

(gate keepers of community health)

Nursery school teachers

(key players of maternal and child health)



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Health literacy

- ❖ “The cognitive and social skills which determine the motivation and ability of individuals to gain access to understand and use information in ways which promote and maintain good health” WHO, 1998

Demands +
Expectations

Individual
Skills



Health
Literacy

<http://www.hsph.harvard.edu/healthliteracy/overview/>



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Health literacy training

Table 2 Content of the health literacy training program in Fukushima City

| First session | Second session | Follow-up survey |
|---|---|--|
| <ol style="list-style-type: none"> 1. Ice-breaking activity 2. Lecture <ul style="list-style-type: none"> • General background of health literacy • Instructions to use material assessment tools 3. Exercise <ul style="list-style-type: none"> • Assessment of an assigned written health material 4. Training evaluation 5. Homework <ul style="list-style-type: none"> • Assessment of materials that participants themselves developed | <ol style="list-style-type: none"> 1. Review quiz 2. Lecture <p>Techniques to improve;</p> <ul style="list-style-type: none"> • Text • Graphics • Risk presentation 3. Exercise <ul style="list-style-type: none"> • Revision of their own materials that they had assessed as homework 4. Training evaluation 5. Homework <ul style="list-style-type: none"> • Apply learned knowledge and skills in practice | <ol style="list-style-type: none"> 1. Review of one-month application 2. Training evaluation 3. Distribute additional information leaflet about tips to apply health literacy in practice |

- ❑ Goto A, et al. Japan Medical Association Journal. 2014; 57: 146-53.
- ❑ Rudd RE. Assessing health materials: Eliminating barriers – increasing access. 2010. <http://www.hsph.harvard.edu/healthliteracy/>

Training content

❖ Sentences: Grade level, topic sentence

❖ Numbers: Numeracy level

RISK is one of the most difficult statistical concepts.

(Apter AJ, et al. J Gen Intern Med. 2008;23(12):2117-24.)

❖ Graphs: Pictogram



❖ Communication: Marker method



(Method to ask readers to mark difficult words and phrases.)

Training evaluation

- ❖ Workshop evaluation surveys among participants
- ❖ 65 nurses and 45 teachers who attended workshops in 2013-2014
- ❖ At the end of each session, 1 month (nurses only) and **1 year** after the second session.
- ❖ Evaluation items
 - Application, confidence gain and interest in further training.
 - 12 specific training goals: 4 items each on knowledge, material assessment and development
 - Opinions on applications and barriers of learned skills in daily practices

Japan Medical Association Journal. 2015; 58: 1-9.
Journal of Seizon and Life Sciences. 2017; 27: 192-207.

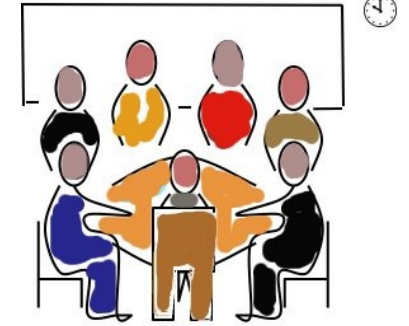
Achievements toward training objectives

| | TOTAL (N=57) | Nurses (N=31) | Teachers (N=26) |
|---|-----------------|------------------|--------------------|
| I applied learned skills in practice. | 61% | 68% | 47% |
| I gained confidence in assessing in revising written materials. | 27% | 32% | 20% |
| I want to attend further training. | 68% | 81% | 54% |
| Selected knowledge items | | | |
| I can explain health literacy needs. | 42% | 65% | 15% |
| I can explain numeracy levels. | 9% | 12% | 4% |
| Selected assessment items | | | |
| I can use the Marker Method | 47% | 61% | 29% |
| Selected development items | | | |
| I can write easy-to-read text. | 44% | 52% | 35% |
| I can explain risk. | 14% | 16% | 12% |

Application and confidence

| Nurses and teachers | Non-users (N=22) | Users (N=35) | P value |
|---|---------------------|-----------------|---------|
| I gained confidence in assessing and revising written materials | 32% | 45% | () |
| I want to attend further training. | 41% | 86% | () |

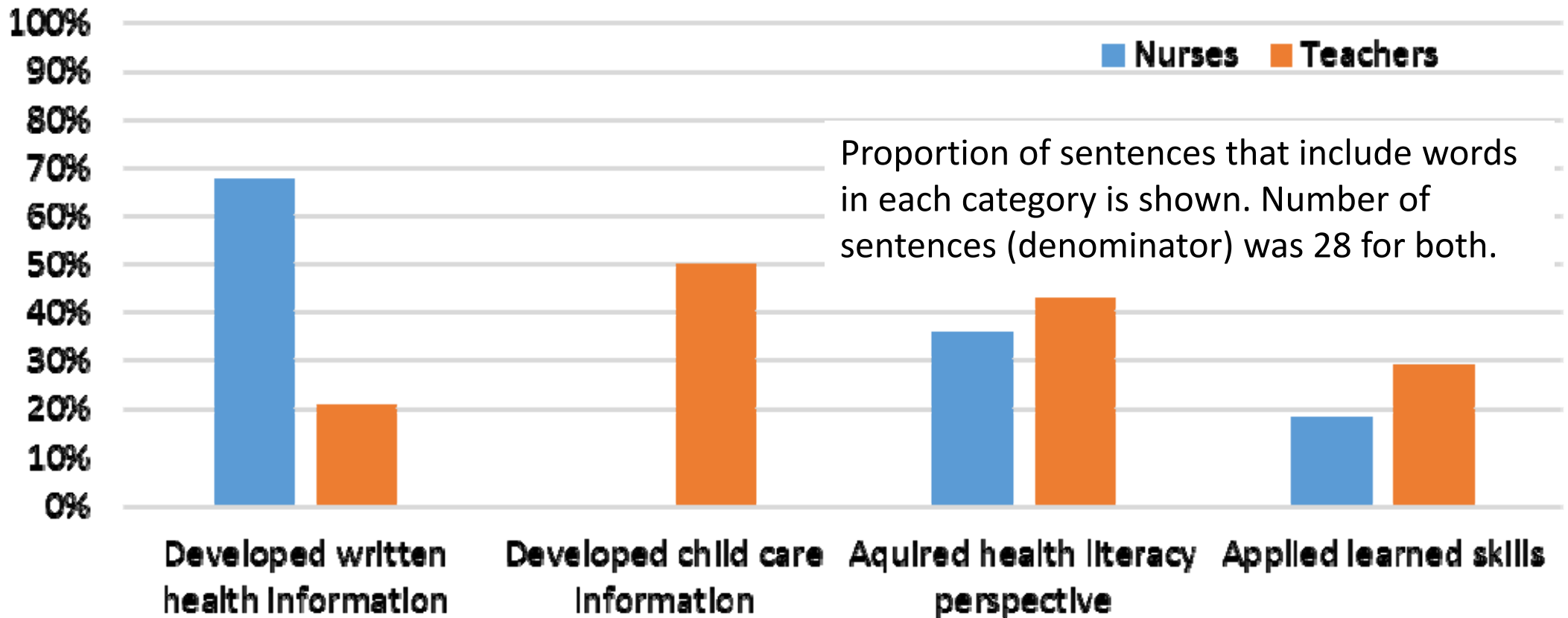
A five-point Likert-scale ranging from highly disagree (1) to highly agree (5) was used. Those who answered 4 and 5 to the item “I applied learned skills in practice” was classified as users. Chi-square test was used.



Assignments

1. First table: Interpret the results
2. Second table: Calculate p values and interpret the results

Applications during the follow-up



“Even among staff, we started circulating documents and getting signatures in addition to oral communication.” (Nursery school teacher)



Health literacy and health system



Annals of the ICRP
Goto A. Thinking, talking, and working
with professional community workers
after the Fukushima nuclear accident.